

AFIRE TIP #11

PARENTS / GRANDPARENTS DAY OUT



Addiction impacts the entire family. There are countless parents who are struggling to begin or maintain recovery. There are also countless grandparents who are raising their grandchildren, because the parents are in active addiction, in prison, in early recovery, deceased, etc.

There is much AFIRE groups can do to help, such as offer a morning, evening, or day out for the adults, while your group and/or parish/ congregation's volunteers provide some fun for the children!

Here are some ways you might get started, but use your imagination, and keep us abreast of your group's creative ideas!

1. **PLAN.** At your monthly meeting, use the leader's manual to add this to your group's goals. Decide how much or little your group can do. Recruit volunteers if needed. *Never underestimate each small thing that you do to bring help, healing, and encouragement to others.*
2. **ANNOUNCE.** Use your church's/ congregations outreach resources (bulletin, social media, blogs, community texts, etc.) to extensively and frequently announce your plan. Don't forget to include the wider AFIRE community!
3. **ACT!** Enjoy the day! Your efforts will make the fruits of the Holy Spirit visible for others who have been struggling. ". . . the fruit of the Spirit is love, joy, peace, patience, kindness, generosity, faithfulness, gentleness, and self-control" (Galatians 5:22-23).