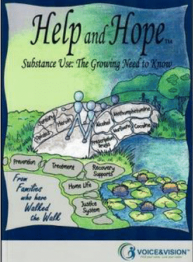


Our second book
in a series...



...for families
by families.

<p>PROFESSIONAL VOICES</p> <p>Because addiction affects people in such profound ways, we wanted knowledgeable voices sharing vital information families need. We engaged guest authors from the “front lines” of the fight to share information about prevention, treatment, recovery supports, and how addiction impacts families’ lives.</p>	<p>INFORMATION</p> <p><i>Help and Hope</i> provides a foundational understanding of substance use and addiction with essential practical questions and answers. It is Voice and Vision’s response to the communities’ fight against the devastating incidence of substance use, addiction, and overdose in our region. Readers are given not only information to deepen their understanding of these areas, but also procedures and tools to connect themselves and their family member to interventions that can help.</p>	<p>PERSONAL ACCOUNTS</p> <p>Voice and Vision believes and practices the model of peer-to-peer support. <i>Help and Hope</i> contains 29 emotionally compelling testimonies from people who have indeed “walked the walk” supporting their family member or as an individual with first-hand experience with substance use and addiction. These accounts deeply resonate with families as by reading them they find they are not alone in their struggle. Individuals share the details of their experiences in the hope their story could save lives and lead to better outcomes.</p>
<p>ADVOCACY TOOLS</p> <p>In addition to practical advice for how to acquire and organize information, we included tips on how to communicate well with systems and supports, and guidance on the values and principles that can—and do—lead to real change for individuals.</p>		<p>EXPANDING OUTREACH</p> <p>This Second edition contains content for people living in Bucks, Chester, Delaware and Montgomery counties. As Voice and Vision grows, we want to provide <i>Help and Hope</i> to even more families.</p>
<p>RESOURCES</p> <p>Recognizing that individuals may be searching for information for a variety of reasons, <i>Help and Hope</i> offers one-page emergency and easy reference guides, county-specific resource pages, LEARN MORE pointers (to dig deeper into more specific information), and other local, state and national substance use and addiction resources.</p>	<p>DIVERSITY</p> <p>It was of great importance to recognize that people would be seeking information from many different stages of use or addiction and recovery. Further, we wanted to support the emotional needs of the reader and be sure content was accessible regarding education level and age of the reader. Chapter 7 highlights our commitment to serve all people. Lastly, several of our writers incorporated the importance of faith in their recovery.</p>	<p>FAMILY ENGAGEMENT</p> <p>In the area of substance use and treatment, family engagement means actively educating family members about the topic, utilizing the key role that families play in our lives, and involving them in treatment and recovery. A key objective of the <i>Help and Hope</i> book series is to assure families they are not alone, that progress takes place with intervention, and that there is hope.</p>

ACCESS THIS BOOK at <https://voiceandvisioninc.org/resource-guide/> and DONATE to help spread *Help and Hope* to others at <https://voiceandvisioninc.org/donate/>.